



UNALOME
consulting

Fiona English - Positive Psychology Speaker, Coach, Consultant

Fiona is a keynote speaker, coach and business consultant who combines her extensive experience in global investment markets with a deep interest in human potential. Alongside working with clients, she researches, speaks and writes about Positive Psychology, the science behind what makes individuals and communities flourish.

Her research focus is spirituality, meaning in life and authenticity and their potential to influence wellbeing in our lives. In 2019, she launched 'Exploring Spirituality', a series of projects aimed at creating open dialogue and conversations about spirituality in the 21st Century. Believing we can all use our skills to make the world a better place, she mentors social entrepreneurs helping them to create sustainable businesses and is a board director of Dublin-based charity.

In 2015, she was one of 50 women globally chosen to participate in the W50 Program in UCLA aimed at building the next generation of global women leaders.

For fun, she runs, hikes, travels and spends time with friends and family. She practices yoga and meditation and is a certified mindfulness and mediation teacher.



+353868154228



fiona@fionaenglishpp.com



www.fionaenglishpp.com