



UNALOME
consulting

Fiona English Speaker, Coach, Thought Leader

Fiona is a keynote speaker, coach and thought leader who combines her extensive experience in global investment markets with a deep interest in human potential, culture and society.

Passionate about the areas of life that are innately human and finding ways to help us reconnect to ourselves, each other and our planet, the red thread that runs through all her work is narrative. She is particularly drawn to challenging existing narratives and paradigms in life, work and society and recognised as a contemporary thinker across areas such as leadership and meaning. In 2015, she was one of 50 women globally chosen to participate in the W50 Program in UCLA aimed at building the next generation of global women leaders.

Through her MSc in Positive Psychology and Coaching Psychology, Fiona undertook research into the lived experience of spirituality in the 21st Century. She continues to focus on her research areas of spirituality, meaning and purpose, authenticity and trust through her speaking and thought-leadership work. In 2019, she launched 'Exploring Spirituality', a series of projects aimed at creating open dialogue and conversations about spirituality in the 21st Century.

She lives in Dublin, Ireland. She loves to run and hike and spend time in nature where most of the creative inspiration for her work comes from. She practices yoga and meditation and is a certified mindfulness and meditation teacher.



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